

Give Thanks By Giving Back This Holiday Season

Be A Part Of The Fundraiser to Benefit



Join us December 3rd from 10am- 2pm at the Currahee Club for Yoga and Spa Services with a minimum donation of \$25.00. Make check payable to N4N.

Spa Lunch by Chef Anca

Chicken Salad

Fruit

Banana Bread

\$9.00 ++ (credit card only for lunch)



One Currahee Club Way, Toccoa, GA 30577 706-827-1700

Contact Anne Shurley, extension 1024

YOGA

Antahsara Yoga Shala
certified yoga instructors will offer

10am-11am

Senior Stretch Yoga

11:30-12:30

Enhance Your Golf Game Yoga

1:00-2:00

Gentle Flow Yoga

SPA SERVICES

Anastasia Spa & Salon
Toccoa, Ga.

Detoxing Foot Soak

Scalp Massage

Hand, Arms and Leg
Massage